

## **Don't Wait to Talk About Hospice**

It's an all too common situation. A family is at the bedside of a loved one who is seriously ill and nearing the end of life. Each member of the family has a different idea of what should be done and what the patient would have wanted.

Far too many people wait until they are in the midst of a health care crisis before thinking about what options are available or what care they or their loved ones would have wanted. The professionals at Heart To Heart Hospice deal with these challenging situations every day – that's what we are trained to do.

When a family is coping with a serious illness and a cure is no longer possible, we provide the type of care most people say they want at the end of life: comfort and dignity. Considered to be the model for high-quality, compassionate care for people with a life-limiting illness, hospice care includes expert medical care, pain management, and emotional and spiritual support. Care is provided by an inter-disciplinary team of professionals and trained volunteers. The wishes of the patient and family are always at the center of our care.

Most hospice care is provided in the home – where the majority of Americans have said they would want to be at this time. Care is also provided in nursing homes, assisted living facilities, and hospice centers.

Care is paid for by Medicare, Medicaid, and most private insurance plans and HMOs.

The National Hospice and Palliative Care Organization reports that more than 1.4 million people received care from our nation's hospices last year.

Heart To Heart Hospice can help with information about care options and choices and ensure you live as fully as possible throughout your entire life. We will make sure your loved ones receive support as well.

One of the best ways to make sure you and your loved ones benefit fully from hospice, should you ever need this care, is to talk about it before it becomes an issue.

For more information, contact our office at 1-866-813-4731, visit us online at [www.heart2hearthospice.com](http://www.heart2hearthospice.com) or contact the Caring Connections HelpLine at 800-658-8898 (the Multilingual Line at 877-658-8896) or visit [www.caringinfo.org](http://www.caringinfo.org).

This information is provided by the National Hospice and Palliative Care Organization and Heart To Heart Hospice.